

BRAIN GYM WORKSHOP PART 1 & 2

16-CREDIT HOUR INTERNATIONAL CERTIFICATION

Mdm.Goh Siew Siew, M.Ed. Is as registered International Brain Gym ® Instructor (BG101,BG201-Optimal Brain Organization, BG105-Double Doodle Play, BG301 and BG401 and BG401 BG Teacher Practicum-as examiner to all BG instructor candidate), Practitioner and consultant since 2003. She holds a Master Degree in Education and is currently pursuing her PHD in Education and a Faculty member of the Educational Kinesiology Foundation (Brain Gym ®International) of Malaysia.

- Brain Gym is a series of simple yet effective movements that help make neurological connections in the brain
- It reduces the stress of information processing and brings back the joy of learning. It integrates the left and right hemispheric functions of the brain: enhancing concentration, comprehension, reading and memory
- The movements also assist in balancing the body's energy/meridian system and with stress management.

TARGET GROUP: ADULT
[PARENT & TEACHERS]
DATE: 12TH & 13TH OCTOBER 2019
[SATURDAY & SUNDAY]
TIME: 9.00AM – 5.00PM
(registration at 8.30am)

VENUE: PENANG INSTITUTE

Registration Fee: RM 100.00 for 2-day workshop

Participants are required to bring the following items:

- ✓ Yoga mat
- ✓ Water bottle
- ✓ Drawing paper (4 sheets)
- ✓ Crayon

Limited seats: only 50 pax
First come first serve basis
Registration deadline:
1ST OCTOBER 2019

ORGANISED BY:

PENANG EDUCATION COUNCIL
MAJLIS PENDIDIKAN NEGERI PULAU PINANG



ALL PROCEEDS WIL GO TO PENANG INTERNATIONAL KIDS STORYTELLING FESTIVAL FUND

REGISTRATION FORM

FULL NAME : _____

NAME OF ORGANISATION/CENTRE : _____

TEL: _____ HP NO: _____

EMAIL: _____

BRAIN GYM WORKSHOP PART 1 & 2

Attendee 1: _____

Attendee 2: _____

Attendee 3: _____

Attendee 4: _____

Total No of Pax : _____

FEE: RM 100 PER PERSON

[Fees Payable to: PI-PENANG EDUCATION COUNCIL]

Please bank-in directly into our bank account:

PUBLIC BANK BERHAD

Account No: **3178 644 601**

Please fax-in the banking slip as proof of payment attention to **PENANG EDUCATION COUNCIL – BRAIN GYM WORKSHOP PART 1 & 2** at 604-226 7042 or email: educationpenang@gmail.com

FURTHER DETAILS:

CONTACT PERSON: MS M.ANILA / MR.MALVIN

Penang Institute,
No.10 Jalan Brown,
10350 Penang.

TEL: 04 228 3306 (130 / 131 / 132)

EMAIL: educationpenang@gmail.com

FOR ONLINE REGISTRATION, PLEASE VISIT :

www.facebook.com/educationpenang/
www.facebook.com/PenangInternationalKidsStorytellingFestival/